



秋游涑水别有一番景致。
从桑植县官地坪镇长潭坪村出发，租借农家小船走三个半小时水路，到达竹叶坪乡的柳杨溪村。一路上，河域两岸的风光堪称自然画廊。

出发二十分钟，进入美丽的峡谷——夹河湾。这里是游客打卡的网红地。旁边，一条高达200米的瀑布，错落成四层，从高处落下。河岸两边，零星住着一些农家，过着一种世外桃源的生活。

经过人潮溪大桥后，水面豁然开朗，两条河流在此汇聚。进入柳杨溪，著名的阴门山和穿山溶洞陆续进入视野。由于水位较高，河水特别清澈，蓝天倒映在碧水中，让人心生欢喜。

第二天清早，水面覆盖了一层云海。阳光照在水面，云海涌动，波光粼粼，美得让人心醉！

图/魏泡菜 文/本报记者 潘鑫

There is a special scenery in Loushui River in autumn.

Departing from Changtanping Village, Guandiping Town, Sangzhi County, rented a farm boat for 3.5 hours through the waterway to Liuyangxi Village in Zhuyeping Township. Along the way, the scenery on both sides of the river can be called a natural gallery.

Set off for 20 minutes and enter the beautiful canyon --- Jiahewan. This is the internet celebrity place for tourists to check in. Next to it, a waterfall with a height of 200 meters falls into four layers and falls from a height. On both sides of the river bank, there are scattered farmers living in a kind of Paradise life.

After passing the Renchaoxi bridge, the water surface is suddenly enlightened, and the two rivers are converged here. After entering Liuyangxi, the famous Yinmen Mountain and Chuanshan Cave gradually come into view. Due to the high water level, the river is particularly clear, and the blue sky is reflected in the clear water, which makes people happy.

Early the next morning, the water was covered with a sea of clouds. The sun shines on the surface of the water, the sea of clouds is surging, sparkling, which is enchanting!

Photo by Wei Paocai, written by our reporter, Pan Xin



▲位于魅力湘西大剧场外的湘西老街，为武陵源的游人提供了新去处。多彩的民俗文化表演，引来游客驻足拍照。 邓道理 摄

The Xiangxi Old Street, located outside the Charming Xiangxi Grand Theater, provides a new place for tourists from Wulingyuan. Colorful folk cultural performances attract tourists to stop and take pictures. Photo by Deng Daoli



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你拍我晒

▲来自北京的情侣与黄龙洞生态广场的小动物们开心互动。一派人与自然和谐共处的美好画面。 龚朝阳 摄

Lovers from Beijing interact with small animals in Huanglong Cave Ecological Square, which is a beautiful picture of people living in harmony with nature.

Photo by Gong Chaoyang



▲近日，伴随福州至铜仁旅游包机首航，来自福建的19家旅行商受邀来到张家界进行旅游线路考察。图中，两位旅行商开心地拍照留念。 龚影 摄

Recently, with the first charter flight from Fuzhou to Tongren, 19 travel agents from Fujian were invited to visit Zhangjiajie tourist route. In the picture, two travel agents took pictures happily. Photo by Gong Ying